

REVIEW: INDOMIE MI GORENG INSTANT NOODLES

Aug 25, 2021

WARM-UP QUESTION • *With your partner(s), discuss these questions:*

Who does the food shopping in your house? What did you eat for your most recent meal?

VOCABULARY • *Find and complete the following vocabulary words from the review.*

| | |
|------------|---|
| In a _____ | feeling you need to go quickly |
| R _____ | to stretch out to touch or hold something |
| G _____ | to quickly take something with your hand |
| B _____ | to heat water to 100 degrees |
| D _____ f | to remove liquid |
| S _____ t | a small packet |
| Rest _____ | feel confident that something is true |
| H _____ | acceptable to eat under Muslim law |
| A _____ | not expensive |

When you're hungry and in a hurry, you probably reach for something that can be prepared quickly. At such a time, consider grabbing a packet of *Indomie Mi Goreng Instant Noodles* from Indonesian company, Indofood. The preparation of this savory dish is super easy: boil the noodles for a couple of minutes, drain off the water, and mix them in a bowl with the supplied sachets of flavoring. Then they are ready to eat.

These mildly spicy fried noodles contain chili powder as well as wheat flour, palm oil, salt, sugar, onion, and garlic. Muslim noodle fans can rest assured that these noodles are halal. A packet of Indomie Mi Goreng Noodles (80g) contains 17.1g of fat and 8.1g of protein. Like other instant noodles, they have a lot of sodium (36%), so they aren't the healthiest option.

However, they can be prepared in just 3 minutes, and because they can be bought for less than \$US1, they are also quite affordable.

The packaging shows a serving suggestion - place a fried egg on top of the noodles. In my case, some crushed peanuts or almonds provide an extra tasty crunch. The next time you need to eat fast, try some Indomie Mi Goreng Noodles!



Indomie Mi Goreng Instant Noodles

ACTIVITIES • Answer the following questions and then compare your answers with your partner(s).

1. Complete this table by writing in some positive and negative things about the reviewed product.

| Pros | Cons |
|------|------|
| | |

2. Which words from the review describe the taste?

3. What imperative forms (instructions) can you find in this review?

DISCUSSION • Discuss the following questions with your partner or group. Try to speak in sentences and ask follow-up questions.

1. Do you eat instant noodles? How often? What's your favorite type?
2. Have you tried instant noodles from another country? Which countries' instant noodles have you tried?
3. Have you tried Indomie Mi Goreng Instant Noodles? How were they? If not, would you like to try them?
4. How unhealthy are instant noodles? Compare them to some other foods. What foods are more unhealthy than instant noodles?
5. Do you care a lot about eating healthy? How do you try to be healthy when eating?
6. Is it expensive to eat healthy food? What healthy foods are affordable?
7. What do you usually eat when you are in a hurry?
8. Is it bad to eat quickly? Do you prefer to eat quickly or slowly?
9. Do you like spicy food? How much spice can you handle?
10. Do you often prepare your own food? How long does it usually take you? If not, who prepares your food?
11. Do you only eat halal foods? Is there anything you don't eat because of your religion or beliefs?

Activity answers: 2) savory, mildly spicy, tasty 3) consider, boil, drain off, mix, place, try